

YOUR NOTES

COUNTRIES YOU ARE VISITING:

HEALTH RECOMMENDATIONS:

OTHER:

USEFUL WEBSITES

www.fitfortravel.nhs.uk

www.gov.uk/government/organisations/foreign-commonwealth-office

www.nhs.uk

www.malariahotspots.co.uk

www.sunsmart.org.uk

1st VACCINATION

| | |
|------|--|
| DATE | |
| DAY | |
| TIME | |

BOOSTER

| | |
|------|--|
| DATE | |
| DAY | |
| TIME | |

12

Cleveland Road
St Helier
Jersey
JE1 4HD
www.clevelandclinic.co.uk



TRAVEL CLINIC



PATIENT INFORMATION LEAFLET

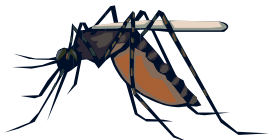


Why is travel medicine important?

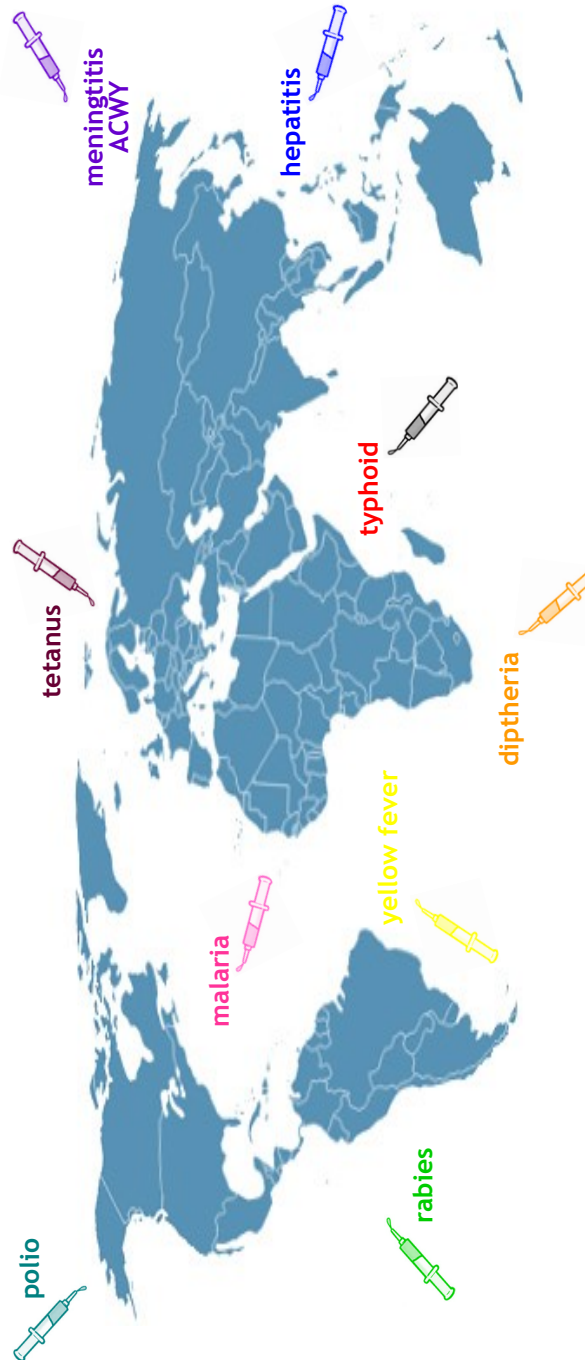
It is vital in today's society that we are more informed and better prepared for our travel abroad. We tend to travel to more unusual destinations and for longer periods of time and, as a result, our risks of exposure to travel-associated diseases and illnesses is far greater.

Why attend our Travel Clinic?

If you're planning to travel outside the UK, you may need to be vaccinated against some of the serious diseases found in other parts of the world. Vaccinations are available to protect you against many travel-related infections, such as yellow fever, typhoid and hepatitis A. Our dedicated Travel Clinic gives you the opportunity to discuss your specific travel health requirements with a GP and for the appropriate vaccinations to be administered.



**DON'T ALLOW THIS TO
BE A LASTING MEMORY
OF YOUR TRIP
ABROAD!**



All you need to do is:

- Access our on-line Travel Clinic by visiting our website. www.clevelandclinic.co.uk
- Ask your travel agent for a detailed travel itinerary
- Select which country or countries you are visiting from the map which is attached to our on-line Travel Clinic page
- Visit www.fitfortravel.nhs.uk website and make a note of recommendations
- Complete our on-line Travel Risk Assessment Form and submit



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What we will do:

- Assess your medical records and confirm vaccine requirements
- Contact you within 5 working days to arrange an appointment in our set clinic.
- Order any vaccines necessary prior to your appointment
- Administer vaccinations and give travel advice (*please note that this service is chargeable*)